17. \checkmark (New) A compound represented by the structural formula:

$$R_4$$
 R_1
 R_2
 R_3
 R_3

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wherein
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 R_2 and R_3 are independently selected from: hydrogen;

 C_{1-10} alkyl or substituted alkyl; or R_2 and R_3 together are cycloalkyl;

R4 is hydrogen;

 C_{1-10} alkyl or substituted alkyl; phenyl or substituted phenyl; $(CH_2)_nY$; or $(CH_2)_mO(CH_2)_nY$;

wherein:

m and n are independently between 1 and 10; Q and Y are independently selected from hydrogen, CO_2H or salts thereof or OPO_3^{2-} ;

Z is hydrogen or $C_{1\text{--}10}$ alkyl or substituted alkyl; and,

X is an amino acid, a peptide, oligopeptide or polypetitide.

18. (New) A compound represented by the structural formula:

$$R_4$$
 R_2
 R_3
 R_4
 R_3

wherein

 R_2 and R_3 are independently selected from hydrogen, $C_{1\text{--}10} \text{ alkyl or substituted alkyl, or } R_2 \text{ and } R_3 \text{ together}$ are cycloaklyl;

 R_4 ' is a blocking group; and,

X is an amino acid, a peptide, oligopeptide or polypeptide.

(New) The compound of claim 18, wherein ${\bf R_4}^{\mbox{\tiny t}}$ is selected 19. from: hydrogen; C_{1-10} alkyl or substituted alkyl; phenyl or substituted phenyl; $(CH_2)_nCO_2Y$; and, $(CH_2)_n - O - (CH_2)_m Y;$ wherein: m and n are independently between 0 and 10; and, Y is hydrogen, or C_{1-10} alkyl or substituted alkyl. (New) The compound of claim 17, or a salt thereof, 20. wherein the compound is: Methyl 1-glutaryl-7-nitroindoline-5-acetate 8; Methyl 1-[(5-dihydroxyphosphoryloxy)pentanoyl)]-7nitroindoline-5-acetate 9; Methyl 1-[S-(4-amino-4-carboxybutanoyl)]-7nitroindoline-5-acetate 10; Methyl 1-(4-aminobutanoyl)-7-nitroindoline-5-acetate 21; Methyl 1-acetyl-7-nitroindoline-5-acetate 16; Mono[1-(5-methoxycarbonylmethyl-7-nitroindolyl)] amide of 1,2-bis(O-aminophenoxy)ethane-N, N, N', N'tetraacetic acid; 1-Acetyl-4-methoxy-7-nitroindoline 25;

1-Acetyl-4-methoxy-5-methy-7-nitroindoline 30;

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1-[S-(4-Amino-4-carboxybutanoyl)]-4-methoxy-7-
     nitroindoline;
     1-(4-Aminobutanoy1)-4-methoxy-7-nitroindoline;
     1-[(5-Dihydroxyphosphoryloxy)pentanoyl)[-4-methoxy-
     7-nitroindoline;
     1-[S-(4-Amino-4-carboxybutanoy1)]-4-methoxy-5-
     methyl-7-nitroindoline;
     1-(4-Aminobutanoyl)-4-methoxy-5-methyl-7-
     nitroindoline; or
     1-[(5-Dihydroxyphosphoryloxy)pentanoyl)]-4-methoxy-
     5-methyl-7-nitroindoline.
(New) The compound of claim 18, or a salt thereof,
wherein the compound is:
    Methyl 1-glutaryl-7-nitroindoline-5-acetate 8;
    Methyl 1-[(5-dihydroxyphosphoryloxy)pentanoyl)]-7-
    nitroindoline-5-acetate 9;
    Methyl 1-[S-(4-amino-4-carboxybutanoyl)]-7-
    nitroindoline-5-acetate 10;
    Methyl 1-(4-aminobutanoyl)-7-nitroindoline-5-acetate
    21;
    Methyl 1-acetyl-7-nitroindoline-5-acetate 16;
    Mono[1-(5-methoxycarbonylmethyl-7-nitroindolyl)]
    amide of 1,2-bis(O-aminophenoxy)ethane-N,N,N',N'-
    tetraacetic acid;
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1-Acetyl-4-methoxy-7-nitroindoline 25;

1-Acetyl-4-methoxy-5-methy-7-nitroindoline 30;

1-[S-(4-Amino-4-carboxybutanoy1)]-4-methoxy-7-nitroindoline;

1-(4-Aminobutanoyl)-4-methoxy-7-nitroindoline;

1-[(5-Dihydroxyphosphoryloxy)pentanoyl)[-4-methoxy-

7-nitroindoline;

nitroindoline; or

1-[S-(4-Amino-4-carboxybutanoy1)]-4-methoxy-5-methyl-7-nitroindoline;

1-(4-Aminobutanoy1)-4-methoxy-5-methyl-7-

1-[(5-Dihydroxyphosphoryloxy)pentanoyl)]-4-methoxy-5-methyl-7-nitroindoline.

- 22. (New) The compound of claim 17, wherein X represents a neuroactive amino acid selected from the group of L-glutamate, GABA or glycine.
- 23. (New) The compound of claim 18, wherein X represents a neuroactive amino acid selected from the group of L-glutamate, GABA or glycine.
- 24. (New) The compound of claim 17, wherein X represents a peptide selected from the group of thyrotrophin releasing hormone, an enkephalin, bradykinin or angiotensin II.

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- 25. (New) The compound of claim 18, wherein X represents a peptide selected from the group of thyrotrophin releasing hormone, an enkephalin, bradykinin or angiotensin II.
- 26. (New) A composition comprising a compound of claim 17.
- 27. (New) A composition comprising a compound of claim 18.
- 28. (New) A composition comprising a compound of claim 19.
- 29. (New) A composition comprising a compound of claim 20.
- 30. (New) A composition comprising a compound of claim 21.
- 31. (New) A process for releasing an amino acid, a peptide or polypeptide, the process comprising irradiating a photoreleasable compound of claim 17 to cause the release of the amino acid, neuroactive amino acid, peptide, oligopeptide or polypeptide.
- 32. (New) The process of claim 31, wherein said amino acid comprises a neuroactive amino acid.
- 33. (New) A process for releasing an amino acid, a neuroactive amino acid, a peptide or polypeptide, the process comprising irradiating a photoreleasable compound

of claim 18 to cause the release of the amino acid, peptide, oligopeptide or polypeptide.

- 34. (New) The process of claim 33, wherein said amino acid comprises a neuroactive amino acid.
- 35. (New) A process for releasing an amino acid, a neuroactive amino acid, a peptide or polypeptide, the process comprising irradiating a photoreleasable compound of claim 19 to cause the release of the amino acid, neuroactive amino acid, peptide, oligopeptide or polypeptide.
- 36. (New) The process of claim 35, wherein said amino acid comprises a neuroactive amino acid.
- 37. (New) A process for releasing an amino acid, a neuroactive amino acid, a peptide or polypeptide, the process comprising irradiating a photoreleasable compound of claim 20 to cause the release of the amino acid, neuroactive amino acid, peptide, oligopeptide or polypeptide.
- 38. (New) The process of claim 37, wherein said amino acid comprises a neuroactive amino acid.

- 39. (New) A process for releasing an amino acid, a neuroactive amino acid, a peptide or polypeptide, the process comprising irradiating a photoreleasable compound of claim 21 to cause the release of the amino acid, neuroactive amino acid, peptide, oligopeptide or polypeptide.
- 40. (New) The process of claim 39, wherein said amino acid comprises a neuroactive amino acid.
- 41. (New) A process of producing a compound of claim 17, the process comprising:
 - (a) reacting indoline or a derivatized indoline to substitute a blocking group at the 5-position;
 - (b) reacting the indoline compound of step (a) to couple an effector moiety at the heterocyclic nitrogen, the effector group having a protecting group; and,
 - (c) nitrating the indoline compound of step (b) at the 7-position to produce said compound.
- 42. (New) A process for purifying a compound of claim 17, the process comprising:
 - (a) eluting the compound from a HPLC column using aqueous methanol containing buffer salts;
 - (b) desalting fractions containing the compound obtained from step (a) on Amberlite XAD-2™ resin; and,